



Hon. Barnaby Joyce, MP
Parliament Office
PO Box 6022
House of Representatives
Parliament House
Canberra ACT 2600

21 May 2025

Dear Mr. Joyce:

Hello from PETA, People for the Ethical Treatment of Animals. We were sorry to hear of your prostate cancer diagnosis and wanted to reach out to wish you health and healing in this difficult time. To this end, we're including a copy of the wonderful book *The Cancer Survivor's Guide* by Dr Neal Barnard, M.D., president of The Cancer Project and The Physicians Committee, and nutritionist Jennifer K. Reilly, R.D.

Research shows that those with early-stage prostate cancer who switch to a mostly animal-free diet enjoy a 47% lower risk that their cancer will progress compared with those who consume the most animal-based foods. Research also shows that an animal-free diet may reduce overall prostate cancer risk.

Aside from helping fight prostate cancer, vegan living reduces heart disease risk and stroke, fosters overall decreases in epigenetic age acceleration, and helps ward off other cancers, including colorectal cancer, Australia's second-deadliest cancer. As Dr Barnard says, "I want people to know that they already wield some of the most powerful tools to help take control over the risk of cancer: the fork and knife."

Aside from enjoying health benefits, a single vegan saves the lives of more than 100 animals every year and helps spare countless young individuals from miserable lives on filthy factory farms, followed by harrowing ends in the slaughterhouse. Plus, Oxford University's [most comprehensive analysis to date](#) has found that vegan diets resulted in 75% less climate-heating emissions, 66% less destruction of wildlife, and 54% less water use than diets containing 100g of meat a day.

We hope you enjoy learning about the power of plants and wish you a speedy recovery.

Yours faithfully,

Mimi Bekhechi, PETA

PEOPLE FOR
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OF ANIMALS

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